



NON-BINDING DECLARATION RECOMMENDATION:

Drinking water, GREEN SPELT (19 %), dumpling bread (WHEAT flour, table salt, yeast), spices, table salt, vegetables, sugar, herbs, rapeseed oil

Green Spelt Patty

INGREDIENTS:

2000 g Drinking Water

1000 g Green Spelt Patty Fix

Art. No. 537610

AUXILIARY:

Breadcrumbs* or Egg*

PROCESSING:

Put the Green Spelt Patty Fix in a pot and fill with water (everything should just be covered). Bring to the boil briefly and then leave to swell for about 20 minutes. Use breadcrumbs or egg to adjust the mixture to the desired consistency and let it set again for about 10 minutes. Finally, form green spelt patties from the mixture and fry them in a hot pan on both sides for approx. 4 minutes. Or fry in a combi steamer at 220 °C for 10 - 15 minutes.

OUR ADVISE:

When roasting in a combi steamer, we recommend using Nuba Krustin CL/AF (Art. No. 491426) for a crispy crust.

Recipe ID: 4396

* All compound foods and ingredients used must be labelled with those of the respective manufacturer in addition to our information.

Taste • Tradition • Technology

This recipe has been developed in all conscience, but as the implementation is out of our influence, we can't give guarantees.

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